



## **Spring Break - March 17 - 19, 2020**



### **Grade 6 Coed Camp:**

Accelerate your progress and success, no matter what your skill level. These exciting sessions are designed to meet the needs of aspiring players by focusing on the fundamental aspects of the game through skill development and team play with an emphasis on fun! The talented, courteous and professional instructors will make your experience memorable! All camps include a camp shirt, prizes and lots of FUN! **(Limited to 42 participants)**

**Times:** 9am – noon

**Reg. Code:** 29259

### **Grade 7-8 Coed Camp:**

This action packed 3 day camp is for volleyball players who want to take their performance to a higher level. These sessions are limited to 42 players and often sell out. Sessions include dynamic multi-skill drills and practice addressing positional and tactical play, combined with physical and mental play training. Includes t-shirt and last day tournament play. **(Limited to 42 participants)**

**Times:** 1pm – 4pm

**Reg. Code:** 29258



**Location:** Claremont Secondary School - 4980 Wesley Rd., Victoria, B.C.

**Dates:** March 17-19 (3 days)

**Cost:** \$105